

Unity House – June 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Unity House Hours</u> Mon, Wed & Friday 8am - 4pm Tuesday & Thursday 8am - 6pm		<u>Unity House Member's Meal Program</u> Mon to Friday LUNCH 12pm Sat & Sun BRUNCH 1:00pm Tues & Thurs DINNER 4:30pm		2852 Skaha Lake rd. Penticton, BC V2A 6G1 Phone: 250 493-6327		1 Help bag bread 10:00 am Pool Tournament 10:30am 
2 Woodworking with Daniel 1:30pm	3 Grocery Shopping Ice Cream Run 1:30pm	4 Walk 10:00 am Wii Bowling 1:30	5 Women's Group 10:30am  Men's Group 1:30pm	6 Art Group 10:00 am Member's Meeting 1:30pm	7 Bowling 1:30pm	8 Pool Tournament 10:30am Help bag bread 10:00 am 
9	10 Grocery shopping Fish Hatchery 1:30pm	11 Walk 10:00am Wii Bowling 1:30	12 Women's Group 10:30am  Men's Group 1:30pm	13 Art Group 10:00 am CDP Meeting 11:00am Newsletter Group 1:30pm	14  Swim at the Community Centre Pool 1:30pm	15 Help bag bread 10:00 am Pool Tournament 10:30am 
16 Woodworking with Daniel 1:30pm Father's Day	17 Grocery Shopping	18 Walk 10:00am FREE LUNCH	19 PWD No Women's or Men's Group Set up Yard Sale 	20 Art Group 10:00 am Gardening 1:30pm	21 Bowling 1:30pm	22 Pool Tournament 10:30am Help bag bread 10:00 am 
23	24 Grocery Shopping Random Acts of Kindness 1:30pm	25 Walk 10:00am Mental Aerobics 1:30pm	26 Women's Group 10:30am  Men's Group 1:30pm	27 Art Group 10:00 am Music Trivia 1:30 pm	28  Swim at the Community Centre Pool 1:30 pm	29 Help bag bread 10:00 am Pool Tournament 10:30am 
30 Woodworking w/ Daniel 1:30pm						

Unity House – May 2019

What's Happening?

Every Monday at 8:30am – Grocery Shopping, come support our excellent Unity House Meals program by helping with our weekly grocery shop.

Monday, June 24th at 1:30pm – Head out into the community for a fun opportunity to show kindness to others.

Tuesdays at 10:00am – Go for a walk in the community. If the weather is bad, walking will be at the SOEC.

Thursday, June 27th at 1:30 pm – Music Trivia. Come test your music knowledge with others. There will be a small prize for the person with the most correct answers.

Thursdays 10:00am (ongoing) – Art Group. Come participate in creating a variety of projects such as painting and sculpting.

Saturdays – Cobs Bread generously donates a vanload of bread to the clubhouse each week. Come help bag it up for the freezer on Saturday mornings.

Saturdays – Pool tournament every Saturday. There's no fee to enter but there is a small payout for the winners.

Sundays – Ongoing – Join community volunteer Daniel and make a variety of handcrafted wood products (bee boxes, bat boxes & bird houses) to sell as a clubhouse activities fundraiser.

We go bowling and swimming in the afternoons on alternating Fridays. Members can sign up for a ride to the bowling alley or community centre with staff or make their own way there to join in.

There is no cost for the above activities unless indicated.